

**GENERAL ASSEMBLY OF NORTH CAROLINA  
SESSION 2013**

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**SENATE BILL 749\***

Short Title: Strengthen Controlled Substances Monitoring. (Public)

Sponsors: Senators Hartsell, Clark (Primary Sponsors); and Tarte.

Referred to: Health Care.

May 15, 2014

1 A BILL TO BE ENTITLED  
2 AN ACT TO STRENGTHEN THE MONITORING OF CONTROLLED SUBSTANCES, AS  
3 RECOMMENDED BY THE JOINT LEGISLATIVE PROGRAM EVALUATION  
4 OVERSIGHT COMMITTEE.

5 The General Assembly of North Carolina enacts:

6 **SECTION 1.** Statewide Opioid Prescribing Guidelines. – (a) The following State  
7 health officials and health care provider licensing boards shall develop statewide opioid  
8 prescribing guidelines that the health care provider licensing boards shall then adopt:

- 9 (1) The State Health Director.
- 10 (2) The Director of Medical Assistance.
- 11 (3) The Director of the Division of Mental Health, Developmental Disabilities,  
12 and Substance Abuse Services.
- 13 (4) The directors of medical, dental, and mental health services within the  
14 Department of Public Safety.
- 15 (5) North Carolina Board of Dental Examiners.
- 16 (6) North Carolina Board of Nursing.
- 17 (7) North Carolina Board of Podiatry Examiners.
- 18 (8) North Carolina Medical Board.

19 **SECTION 1.(b)** Other state and federal prescribing guidelines should serve as  
20 models to develop and refine North Carolina's prescribing guidelines. The development of the  
21 guidelines should consider use of opioid dosage thresholds for physician consultation. The  
22 guidelines must be developed based on the criteria for clinical practice guidelines set forth by  
23 the Institute of Medicine of the National Academies and must do all of the following:

- 24 (1) Make recommendations for clinical actions based on review of empirical  
25 evidence.
- 26 (2) Rate the strength of each clinical recommendation.
- 27 (3) Rate the quality of evidence used to support recommendations for clinical  
28 action.
- 29 (4) Explain and assess the benefits and harms associated with options for  
30 alternative treatments.

31 **SECTION 1.(c)** The statewide prescribing guidelines shall be completed by  
32 December 31, 2014. The health care provider occupational licensing boards listed in subsection  
33 (a) of this section shall adopt the opioid prescribing guidelines by no later than July 1, 2015.

34 **SECTION 2.** Continuing Education Requirements. – (a) The following health care  
35 provider occupational licensing boards shall require continuing education on the abuse of



1 controlled substances as a condition of license renewal for health care providers who prescribe  
2 controlled substances:

- 3 (1) North Carolina Board of Dental Examiners.
- 4 (2) North Carolina Board of Nursing.
- 5 (3) North Carolina Board of Podiatry Examiners.
- 6 (4) North Carolina Medical Board.

7 **SECTION 2.(b)** In establishing the continuing education standards, the boards  
8 listed in subsection (a) of this section shall require that at least one hour of the total required  
9 continuing education hours consists of a course designed specifically to address prescribing  
10 practices. The course must include, but not be limited to, instruction on controlled substance  
11 prescribing practices and controlled substance prescribing for chronic pain management.

12 **SECTION 3.** Improve CSRC Access and Utilization. – (a) G.S. 90-113.74 reads  
13 as rewritten:

14 **"§ 90-113.74. Confidentiality.**

15 (a) Prescription information submitted to the Department is privileged and confidential,  
16 is not a public record pursuant to G.S. 132-1, is not subject to subpoena or discovery or any  
17 other use in civil proceedings, and except as otherwise provided below may only be used (i) for  
18 investigative or evidentiary purposes related to violations of State or federal law and law, (ii)  
19 for regulatory activities, activities, or (iii) to inform medical records and clinical care. Except as  
20 otherwise provided by this section, prescription information shall not be disclosed or  
21 disseminated to any person or entity by any person or entity authorized to review prescription  
22 information.

23 ...

24 (c) The Department shall release data in the controlled substances reporting system to  
25 the following persons only:

26 ...

27 (8) Any county medical examiner appointed by the Chief Medical Examiner  
28 pursuant to G.S. 130A-382 and the Chief Medical Examiner, for the purpose  
29 of investigating the death of an individual.

30 (9) The federal Drug Enforcement Administration's Office of Diversion Control.

31 (10) The North Carolina Health Information Exchange (NC HIE), established  
32 under Article 29A of this Chapter, through web-service calls.

33 ...."

34 **SECTION 3.(b)** The Department of Health and Human Services (DHHS) shall  
35 adopt appropriate policies and procedures documenting and supporting the additional  
36 functionality and expanded access added by subsection (a) of this section for the North  
37 Carolina Controlled Substances Reporting System (CSRS) for the entities added to  
38 G.S. 90-113.74(c) by subsection (a) of this section, as well as amend its contract with the  
39 vendor that operates the CSRS to support the additional functionality and expanded access to  
40 the CSRS.

41 **SECTION 4.** Improve CSRS Contract. – (a) The Department of Health and Human  
42 Services (DHHS) shall modify the contract for the Controlled Substances Reporting System  
43 (CSRS) to improve performance, establish user access controls, establish data security  
44 protocols, and ensure availability of data for advanced analytics. Specifically, the contract shall  
45 be modified to include the following:

- 46 (1) A connection to the North Carolina Health Information Exchange (NC HIE).
- 47 (2) Interstate connectivity with South Carolina, Tennessee, and Virginia. The  
48 Department shall establish an interstate data sharing compact with those  
49 states.
- 50 (3) A system feature requiring users to update account information annually.

- 1 (4) Validation of prescriber number validation by cross-referencing CSRS users  
2 with DEA numbers to ensure access is limited to users with valid, up-to-date  
3 information.
- 4 (5) Data security protocols that meet or exceed the Federal Information  
5 Processing Standards (FIPS) established by the National Institute of  
6 Standards and Technology (NIST).
- 7 (6) The quarterly transfer of a copy of the complete CSRS database to DHHS.  
8 Transferred data must be encrypted, include identified and deidentified  
9 cases, and be conducted through standard file transfer protocol.
- 10 (7) Up to five ad-hoc reports per month from the contractor that DHHS staff  
11 cannot produce through the online system.

12 **SECTION 4.(b)** The Department of Health and Human Services shall complete the  
13 contract modifications required by subsection (a) of this section by December 31, 2014. The  
14 Department shall report by November 15, 2014, to the Joint Legislative Program Evaluation  
15 Oversight Committee and the Joint Legislative Oversight Committee on Health and Human  
16 Services regarding the progress to modify the contract.

17 **SECTION 4.(c)** The Department of Health and Human Services shall use forty  
18 thousand thirty-five dollars (\$40,035) of existing grant funding from the federal Harold Rogers  
19 Prescription Drug Monitoring Program for fiscal year 2014-2015 for the purpose of creating a  
20 connection to the RxCheck Hub in order to create interstate connectivity for the drug  
21 monitoring program, as required by subdivision (2) of subsection (a) of this section.

22 **SECTION 4.(d)** In order to support certain requirements of subsection (a) of this  
23 section, the following appropriations are made from the General Fund to the Department of  
24 Health and Human Services:

- 25 (1) Five thousand one hundred dollars (\$5,100) for fiscal year 2014-2015 for the  
26 purpose of connecting the Controlled Substances Reporting System (CSRS)  
27 and the North Carolina Health Information Exchange (NC HIE), as required  
28 by subdivision (1) of subsection (a) of this section.
- 29 (2) The sum of fifteen thousand dollars (\$15,000) for fiscal year 2014-2015,  
30 recurring, for the cost of maintaining a connection between the Controlled  
31 Substances Reporting System (CSRS) and the North Carolina Health  
32 Information Exchange (NC HIE), as required by subdivision (1) of  
33 subsection (a) of this section.
- 34 (3) The sum of ten thousand dollars (\$10,000) for fiscal year 2014-2015,  
35 recurring, for the cost of annual service fees for the interstate connection for  
36 the drug monitoring program, as required by subdivision (2) of subsection  
37 (a) of this section.

38 **SECTION 4.(e)** The Department of Health and Human Services shall seek grant  
39 funding from the federal Harold Rogers Prescription Drug Monitoring Program or any other  
40 available grant funds to offset the cost of providing interstate connectivity for the Controlled  
41 Substances Reporting System (CSRS), which is required by subdivision (2) of subsection (a) of  
42 this section. If successful in acquiring a grant, the Department shall inform the House  
43 Appropriations Subcommittee on Health and Human Services, the Senate Appropriations  
44 Committee on Health and Human Services, and the Fiscal Research Division.

45 **SECTION 5. Expand Monitoring Capacity.** – (a) The North Carolina Controlled  
46 Substances Reporting System shall expand its monitoring capacity by establishing data use  
47 agreements with the Prescription Behavior Surveillance System. In order to participate, the  
48 Reporting System shall establish data use agreement with the Center of Excellence at Brandeis  
49 University no later than January 1, 2015.

50 **SECTION 5.(b)** Beginning September 1, 2015, and every two years thereafter, the  
51 Department of Health and Human Services, Division of Mental Health, Developmental

1 Disabilities, and Substance Abuse Services, shall report on its participation with the  
2 Prescription Behavior Surveillance System to the Joint Legislative Oversight Committee on  
3 Health and Human Services and the Joint Legislative Oversight Committee on Justice and  
4 Public Safety.

5 **SECTION 6.** Medicaid Lock-in Program. – The Department of Health and Human  
6 Services, Division of Medical Assistance (DMA), shall take the following steps to improve the  
7 effectiveness and efficiency of the Medicaid lock-in program:

- 8 (1) Establish written procedures for the operation of the lock-in program,  
9 including specifying the responsibilities of DMA and the program  
10 contractor.
- 11 (2) Establish procedures for the sharing of bulk data with the Controlled  
12 Substances Regulatory Branch.
- 13 (3) In consultation with the Physicians Advisory Group, extend lock-in duration  
14 to two years and revise program eligibility criteria to align the program with  
15 the statewide strategic goals for preventing prescription drug abuse. DMA  
16 shall report an estimate of the cost-savings from the revisions to the  
17 eligibility criteria to the Joint Legislative Program Evaluation Oversight  
18 Committee and the Joint Legislative Oversight Committee on Health and  
19 Human Services within one year of the lock-in program again becoming  
20 operational.
- 21 (4) Develop a Web site and communication materials to inform lock-in  
22 enrollees, prescribers, pharmacists, and emergency room health care  
23 providers about the program.
- 24 (5) Increase program capacity to ensure that all individuals who meet program  
25 criteria are locked-in.
- 26 (6) Conduct an audit of the lock-in program within six months of the lock-in  
27 program again becoming operational in order to evaluate the effectiveness of  
28 program restrictions in preventing overutilization of controlled substances,  
29 identifying any program vulnerabilities, and addressing whether there is  
30 evidence of any fraud or abuse within the program.

31 The Department of Health and Human Services, Division of Medical Assistance, shall report to  
32 the Joint Legislative Program Evaluation Oversight Committee by September 30, 2014, on its  
33 progress towards implementing all items included in this section.

34 **SECTION 7.** Statewide Strategic Plan. – (a) There is hereby created the  
35 Prescription Drug Abuse Advisory Committee, to be housed in and staffed by the Department  
36 of Health and Human Services. The Committee shall develop and, through its members,  
37 implement a statewide strategic plan to combat the problem of prescription drug abuse. The  
38 Committee shall include representatives from the following, as well as any other persons  
39 designated by the Secretary of Health and Human Services:

- 40 (1) The Division of Medical Assistance.
- 41 (2) The Division of Mental Health, Developmental Disabilities, and Substance  
42 Abuse.
- 43 (3) The Division of Public Health.
- 44 (4) The Office of Rural Health and Community Care.
- 45 (5) The State Bureau of Investigation.
- 46 (6) The Attorney General's office.
- 47 (7) The following health care regulatory boards with oversight of prescribers  
48 and dispensers of prescription drugs:
  - 49 a. North Carolina Board of Dental Examiners.
  - 50 b. North Carolina Board of Nursing.
  - 51 c. North Carolina Board of Podiatry Examiners.

- d. North Carolina Medical Board.
- (8) The UNC Injury Prevention Research Center.
- (9) The substance abuse treatment community.
- (10) Community Care of North Carolina's (CCNC's) Project Lazarus.
- (11) Governor's Institute on Substance Abuse, Inc.
- (12) The Department of Insurance's drug take-back program.

After developing the strategic plan, the Committee shall be the State's steering committee to monitor achievement of strategic objectives and receive regular reports on progress made toward reducing prescription drug abuse in North Carolina.

**SECTION 7.(b)** In developing the statewide strategic plan to combat the problem of prescription drug abuse, the Prescription Drug Abuse Advisory Committee shall, at a minimum, complete the following steps:

- (1) Identify a mission and vision for North Carolina's system to reduce and prevent prescription drug abuse.
- (2) Scan the internal and external environment for the system's strengths, weaknesses, opportunities, and challenges (a SWOC analysis).
- (3) Compare threats and opportunities to the system's ability to meet challenges and seize opportunities (a GAP analysis).
- (4) Identify strategic issues based on SWOC and GAP analyses.
- (5) Formulate strategies and resources for addressing these issues.

**SECTION 7.(c)** The strategic plan for reducing prescription drug abuse shall include three to five strategic goals that are outcome-oriented and measureable. Each goal must be connected with objectives supported by the following four mechanisms of the system:

- (1) Oversight and regulation of prescribers and dispensers by state health care regulatory boards.
- (2) Operation of the Controlled Substances Reporting System.
- (3) Operation of the Medicaid lock-in program to review behavior of patients with high use of prescribed controlled substances.
- (4) Enforcement of state laws for the misuse and diversion of controlled substances.
- (5) Any other appropriate mechanism identified by the Committee.

**SECTION 7.(d)** The Department of Health and Human Services, in consultation with the Prescription Drug Abuse Advisory Committee, shall develop and implement a formalized performance management system that connects the goals and objectives identified in the statewide strategic plan to operations of the Controlled Substances Reporting System and Medicaid lock-in program, law enforcement activities, and oversight of prescribers and dispensers. The performance management system must be designed to monitor progress towards achieving goals and objectives and must recommend actions to be taken when performance falls short.

**SECTION 7.(e)** Beginning on December 1, 2015, and annually thereafter, the Department of Health and Human Services shall submit an annual report on the performance of North Carolina's system for monitoring prescription drug abuse to the Joint Legislative Oversight Committee on Health and Human Services and the Joint Legislative Oversight Committee on Justice and Public Safety.

**SECTION 8.** Effective Dates. – Except as otherwise provided, this act is effective when it becomes law.