Substance Abuse Service Definitions

Presented by: North Carolina DMH/DD/SAS Community Policy Management Staff

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New Opportunity

- Opportunity to do SA business differently
  - New service delivery system includes more credentialed/skilled workforce in partnership with those in recovery
  - Generate additional Medicaid funding stream by realigning State definitions with new federal definitions
    - Creation of SA specific continuum of care
Adult SA Service Continuum of Care

- Diagnostic Assessment
- Mobile Crisis Management
- Community Support - Adults
- Community Support Team
Adult SA Service Continuum of Care

- Detox (4 Levels)
  - Ambulatory
  - Social Setting
  - Non-Hospital Medical
  - ADATC Level Medically Supervised

- SA Intensive Outpatient Program (SAIOP)

- SA Comprehensive Outpatient Treatment (SACOT)
Adult SA Service Continuum of Care

- Opioid Treatment
- Residential Supports (4 Levels)
  - SA Halfway House
  - Non-Medical Community Residential
  - Medically Monitored Community Residential
  - Inpatient SA Treatment
Meet the Recipients
Diagnostic Assessment

■ Definition

- Intensive, clinical and functional face to face evaluation.
- Determines if in target population.
- Recommendations for Services.
- Basis of initial Person Centered Plan over next 30 days.
- Must use the designated diagnostic tool for SA.
Diagnostic Assessment

- Provider Requirements
- Staffing Requirements
  - Team must have minimum of two QP’s.
  - One must me an MD, NP, PA, or PhD psychologist.
  - For SA assessments, the team must include a CCS or CCAS.
- Service Type/Setting
  - Any location.
Community Support - Adults
Community Support - Adults

Definition
- Services and supports
- Achieve and maintain goals
- Meet needs of recipient
- Acquire skills and skill building
- First responder
Community Support Team
Community Support Team

Required Components

- Services documented on PCP and will include assistance & support in crisis situations, service coordination, psycho-education, development of community coping and independent living skills, symptom monitoring, medication monitoring and self-medication.
- Monitoring of recipients status in relation to goals.
- Consultation with other professionals, family and others.
Community Support Team

Provider Requirements

- Providers first responder / Crisis response 24/7/365 - action is taken by Community Support Team (primary provider) for persons served to both prevent escalation and intervention in the crisis situation, following crisis plan.
SAIOP

Required Components

- Services shall include a structured program consisting of, but not limited to the following:
  - Individual counseling and support
  - Group counseling (has to be provided each day services are offered) and support
  - Family counseling, training or support
  - Regular drug screening.
SAIOP

- **Required Components (cont.)**
  - Strategies for relapse prevention to include community and social support systems in treatment
  - Life skills
  - Crisis contingency planning
  - Disease Management
  - 3 hours per day 3 days per week
  - Maximum of 19 hours per week
Required Components (cont.)

- Treatment support activities that have been adapted or specifically designed for persons with physical disabilities, or persons with co-occurring disorders of mental illness and substance abuse/dependence or mental retardation/developmental disability and substance abuse/dependence.
SAIOP

- **Required Components (cont.)**
  - Case Management to arrange, link or integrate multiple services as well as assessment and reassessment of the recipient’s need for services.
  - Inform the recipient about benefits, community resources, and services.
  - Assist the recipient in accessing benefits and services.
SAIOP

Staffing Requirements

- Program must be under the clinical supervision of a CCS or a CCAS on site a minimum of 50% of the hours the service is in operation.
- The maximum face-to-face staff-to-client ratio is not more than 12 adult consumers to 1 QP based on an average daily attendance. The ratio for adolescents will be 1:6.
SACOT

Definition

- SA Comprehensive Outpatient Treatment (SACOT)
  - Operate) 20 hours a week, 4 hours a day, 5 days per week with no more than two consecutive days without services.
  - A Service Order must be completed by a MD, Ph.D. psychologist, PA or NP prior to or on the day that the services are to be provided.
SACOT

**Required Components**

- Services are included in the SACOT Program:
  - Individual counseling and support
  - Group counseling (Group counseling services must be offered each day the program operates) and support
  - Family counseling, training or support
  - Regular (random) drug screening.
Required Components (cont.)

- Strategies for relapse prevention to include community and social support systems in treatment.
- Life skills.
- Crisis contingency planning.
- Disease Management.
- Assist the recipient in accessing benefits and services.
New Medicaid Service Definitions for Child Substance Abuse

- Diagnostic Assessment.
- Community Support.
- Intensive Outpatient Treatment
- Intensive In-Home.
New Medicaid Service Definitions

- Child and Adolescent Day Treatment.
- Multisystemic Therapy (MST).
- Mobile Crisis Management.
- Medically Monitored Community Residential
- Inpatient Hospitalization.
# North Carolina SA Continuum of Care Model
Effective 3/20/2006

**PROPOSED NC Modified ASAM Levels of Care**

**DETOX Levels**
- **Level I-D**
  - Ambulatory Detoxification
- **Level II-D**
  - Social Setting Detoxification
- **Level III.7-D**
  - Non-Hospital Medical Detoxification
- **Level IV-D**
  - Medically Supervised or ADATC Detoxification/Crisis Stabilization

**TREATMENT Levels**
- **Level I**
  - Diagnostic Assessment
  - SA Community Support Services-Adult & Team
  - Mobile Crisis Management
- **Level II.1**
  - SA IOP
- **Level II.5**
  - SACOT
- **Level III.1**
  - SA HWH
- **Level III.5**
  - SA Non-Medical Community Residential Treatment
- **Level III.7**
  - SA Medically Monitored Community Residential Treatment
- **Level IV**
  - Inpatient Hospital SA Treatment
North Carolina
SA Adolescent Continuum of Care
Effective 3/20/2006

PROPOSED NC Modified ASAM Levels of Care for Adolescents

TREATMENT Levels
- Level I
  - Diagnostic Assessment
  - SA Community Support Services-Adolescent
  - Mobile Crisis Management
  - Intensive In-home Services
  - Multi-Systemic Therapy (MST)
- Level II.1
  - Child & Adolescent Day Treatment
  - SAIOP

Treatment Levels cont.
- Level III.5
  - SA Non-Medical Community Residential Treatment
- Level IV
  - Inpatient Hospital SA Treatment
Federal SAPTBG Requirements &d NC SA Target Populations

- Impact of SAPTBG requirements
- NC SA Target Populations
  - Injecting drug users/Communicable Disease/Opioid Treatment
  - SA Pregnant women, women with children/DSS parents with SA issues
  - Children and Adolescents with primary SA disorders
  - High Management Adults including Co-Occurring and Homeless populations
  - SA Adults in the criminal justice system
Note: These numbers are estimates based on data collected from the NCSAPCB. Data includes individuals who live and/or work in the county/LME area.

LICENSED/CERTIFIED SUBSTANCE ABUSE PROFESSIONALS PER LME AREA

Legend
LCAS = 843
CCS = 258
CSAC = 646

Information compiled by Behavioral Healthcare Resource Program
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